

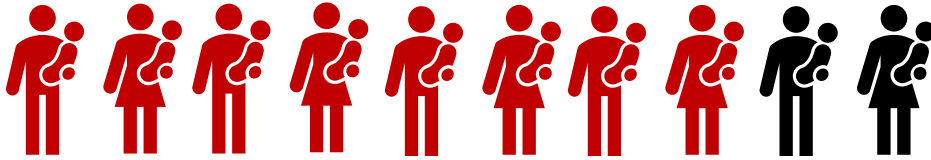
# 2025 Vanderbilt Child Health Poll

## *A Voice for Tennessee Parents*

### Top Overall Health Concerns

**8 in 10**

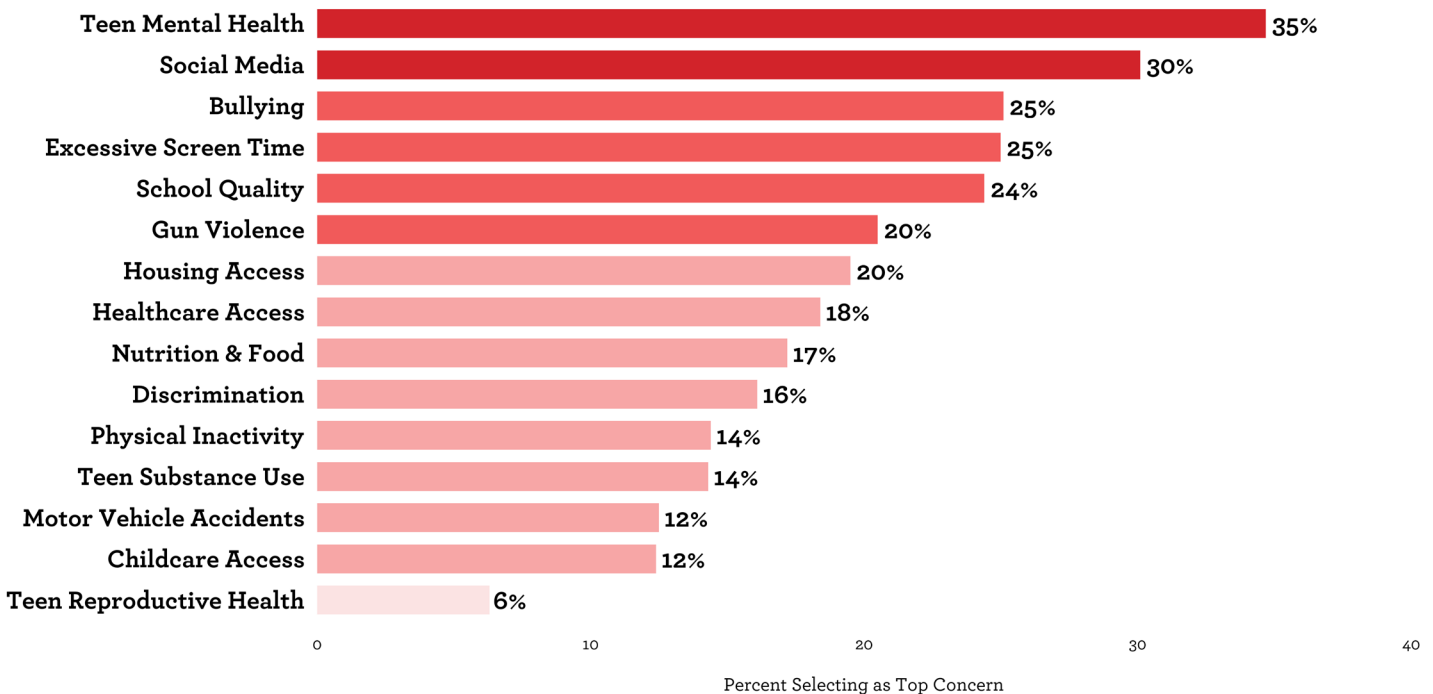
Parents say their child's overall health is very good or excellent



**65%** of parents believe that the **health of their child will be better** than their own

**52%** of parents believe that the **health of their child's generation will be worse** than their own

**Teen mental health** and **social media** ranked as the **top overall concerns** of Tennessee parents



**Top concerns differ by reported race and ethnicity**

#### White, Non-Hispanic

Teen mental health	34%
Social media	30%
Excessive Screen time	28%

#### Black, Non-Hispanic

Teen mental health	35%
Discrimination	30%
Bullying	26%

#### Hispanic

Teen mental health	38%
School quality	36%
Social media	30%

For more information regarding the VCHP, please scan the QR code or email [ChildHealthPoll@vumc.org](mailto:ChildHealthPoll@vumc.org)

