

2025 Vanderbilt Child Health Poll

A Voice for Tennessee Parents

Mental Health



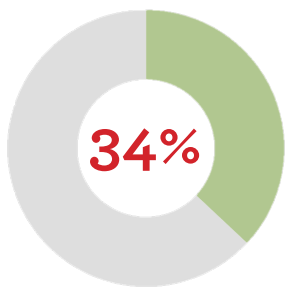
1 in 3

Tennessee parents of 6-17 year olds report their child has been diagnosed with a mental or behavioral health condition

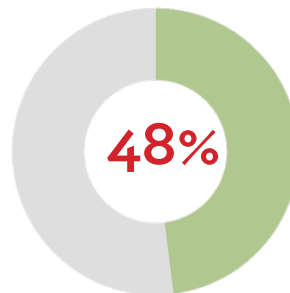
Anxiety, depression, ADHD, and autism diagnoses were the most common overall.

All Ages	School-Aged (6-12)	Adolescents (13-17)
Anxiety or Depression 17%	ADHD 17%	Anxiety or Depression 19%
ADHD 16%	Anxiety or Depression 14%	ADHD 15%
Autism 8%	Autism 7%	Autism 8%

Parents in **rural regions** report **lower levels** of their children **receiving specialized behavioral or mental health services.**

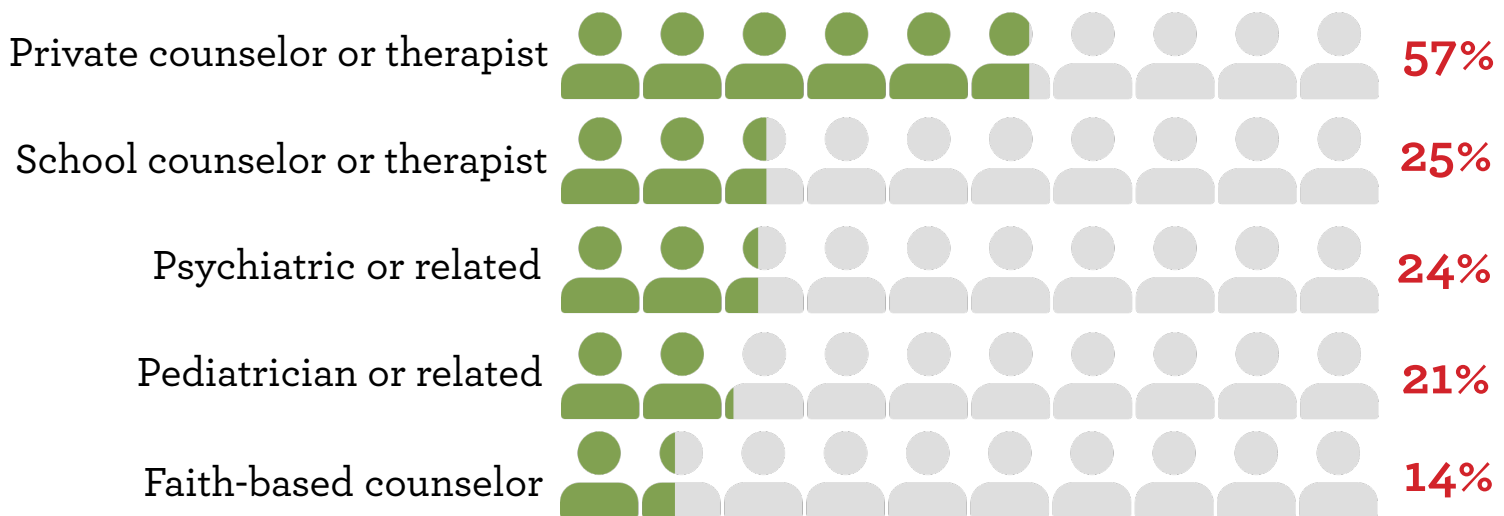


of **non-rural parents** say that their child is not receiving specialized care for a behavioral or mental condition



of **rural parents** say that their child is not receiving specialized care for a behavioral or mental condition

Where do Tennessee children receive specialized mental or behavioral health services?



For more information regarding the VCHP, please scan the QR code or email ChildHealthPoll@vumc.org

